

GYM BOX WITH HIGH  
LOW PULLEY- SELECTORIZED  
JHBR-106B

◆ Squats, Shoulder press, flat bench press, incline bench press, pull ups, decline bench press, shrugs, rack pulls, barbell rows, bicep curl, tricep push down, cable row, lat pull down etc. A modular and customizable rack with an adjustable weight stack high-low pulley that you can use with a range of attachments. It caters to all your strength-training needs and allows you to perform various cable-driven workouts. Combine with our super bench to create a full body training station.

◆ **DIMENSION:**  
Length : 66 inches / 168 cms  
Width : 54 inches / 137 cms  
Height : 92 inches/ 234cms  
Equipment Weight : 209.64 kg

◆ **MUSCLE WORKED:**  
Full Body

